

28th Parkland Relays  
Wednesday 14th June 2023



Women's Team Results

No.	Pos.	Team	Cat	Leg 1	Time Leg 2	Time Leg 3	Time	Aggregate Time
83	1	Stragglers Women's Team A		Sarah Holt	16:41 Eliza Hawthorn	17:12 Lisa Bailey	17:11	00:51:04
66	2	Ranelagh Harriers Women's Team A		Cordelia Parker	17:38 Nic Douglas	18:18 Sarah Palmer	16:56	00:52:52
60	3	Thames Hare & Hounds Women's Team A		Katy Hedgethorne	17:42 Claire Altmann	17:58 Victoria Crawford	18:37	00:54:17
67	4	Ranelagh Harriers Women's Team B		Suzy Whatmough	17:51 Cecily Day	17:55 Lucy Ubas	18:42	00:54:29
62	5	Thames Hare & Hounds Women's Team C	F35	Vikki Filsell	20:35 Chloe Beckett	19:34 Katy Hedgethorne	18:36	00:58:44
61	6	Thames Hare & Hounds Women's Team B		Natalie Sacre	20:21 Jemima D'Arcy	19:34 Andrea Stehlikova	19:25	00:59:21
72	7	Wimbledon Windmilers Women's Team C (Vet)	F35	Julia Donovan	18:51 Kate Carter	21:58 Clare Mullenger	18:50	00:59:40
84	8	Stragglers Women's Team B		Claire Curtin	19:43 Patricia Ronksley	20:50 Lucy Hoseason	19:38	01:00:11
77	9	Thames Turbo Triathlon Women's Team A		Emily Young	18:59 Kayleigh Copeland	19:19 Anastasia Anderson	22:06	01:00:23
70	10	Wimbledon Windmilers Women's Team A		Hannah Carr	19:45 Amedea Kelly-Taglianini	20:46 Sally Bovill	22:13	01:02:44
81	11	Ful-on Tri Women's Team A		Holly Clemens	21:12 Sasha Dyke	20:24 Charlotte Cogger	21:36	01:03:11
64	12	Barnes Runners Women's Team A (Vet)	F35	Ekaterina Preobrazhenskaya	20:11 Claire Reid	21:36 Bryony Gough	21:47	01:03:34
68	13	Ranelagh Harriers Women's Vet Team A	F35	Maia Rushby	21:22 Aoife Kilpatrick	21:13 Clare Fowler	21:00	01:03:35
78	14	Sheen Shufflers Women's Team A		Emily Tann	20:49 Katy Owen	24:16 Laura McGregor	21:06	01:06:12
82	15	Ful-on Tri Women's Team B		Helen Shuilleabain	21:41 Helen Fagan	19:54 Lea Lespinas	24:57	01:06:31
73	16	Wimbledon Windmilers Women's Team D (Vet)	F35	Ella Waddingham	21:49 Katy Berry	23:01 Sally Windle	23:04	01:07:54
80	17	Ealing Eagles Women's Team A		Olivia Parker-Scott	24:00 Grainne Devery	25:06 Alicja Kordowska	19:03	01:08:09
87	18	Stragglers Women's Team E		Nicole Hambling	22:24 Sally Boulton	25:21 Eloise Mathis	21:49	01:09:33
74	19	Wimbledon Windmilers Women's Team E (Vet)	F35	Lisa Wood	22:58 Anneli Collins	23:24 Claire Morgan	24:36	01:10:58
79	20	Elmbridge Road Runners Women's Team A (Vet)	F35	Zoe Maugham-Taylor	25:15 Tegwynne Goldthorpe	24:37 Elaine Pharaoh	21:10	01:11:01
69	21	Ranelagh Harriers Women's Vet Team B	F35	Clare Day	23:11 Carol Aiken	23:55 Sally Bamford	24:01	01:11:07
85	22	Stragglers Women's Team C (Vet)	F35	Tracey Lenthall	21:36 Ashleigh Lezard	23:34 Becky Thurtell	26:18	01:11:27
71	23	Wimbledon Windmilers Women's Team B		Lily Ashcroft	25:10 Samantha Monik	23:02 Lauren Harris	24:58	01:13:10
65	24	Barnes Runners Women's Team B (Vet)	F35	Annabel Hagon	23:40 Suzanne Gill	25:18 Laura Gill	25:47	01:14:45
63	25	Thames Hare & Hounds Women's Vet Team		Helen Geldert	23:48 Anna Garnier	23:44 Eibhlin Bhrádaigh	27:34	01:15:05
75	26	Wimbledon Windmilers Women's Team F (Vet)	F35	Kate Dancer	25:44 Caroline Ferrari	26:42 Ella Waddingham	23:12	01:15:38
86	27	Stragglers Women's Team D (Vet)	F35	Emily Barrow	23:02 Lynda Chase	27:54 Julie Garner	26:00	01:16:56
88	28	Fulham Running Club Women's Team A		Alice Heath	24:53 Louise Garlick	28:23 Laura Richards	26:21	01:19:38

28th Parkland Relays  
Wednesday 14th June 2023



**Women's Individual Leg Times**

Pos	No	Name	Team		Time
1	83-1	Sarah Holt	Stragglers	V	0:16:41
2	66-3	Sarah Palmer	Ranelagh Harriers		0:16:56
3	83-3	Lisa Bailey	Stragglers	V	0:17:11
4	83-2	Eliza Hawthorn	Stragglers		0:17:12
5	66-1	Cordelia Parker	Ranelagh Harriers		0:17:38
6	60-1	Katy Hedgethorpe	Thames Hare & Hounds		0:17:42
7	67-1	Suzy Whatmough	Ranelagh Harriers		0:17:51
8	67-2	Cecily Day	Ranelagh Harriers		0:17:55
9	60-2	Claire Altmann	Thames Hare & Hounds		0:17:58
10	66-2	Nic Douglas	Ranelagh Harriers		0:18:18
11	62-3	Katy Hedgethorpe	Thames Hare & Hounds	V	0:18:36
12	60-3	Victoria Crawford	Thames Hare & Hounds		0:18:37
13	67-3	Lucy Ubas	Ranelagh Harriers		0:18:42
14	72-3	Clare Mullenger	Wimbledon Windmilers	V	0:18:50
15	72-1	Julia Donovan	Wimbledon Windmilers	V	0:18:51
16	77-1	Emily Young	Thames Turbo Triathlon		0:18:59
17	80-3	Alicja Kordowska	Ealing Eagles		0:19:03
18	77-2	Kayleigh Copeland	Thames Turbo Triathlon		0:19:19
19	61-3	Andrea Stehlikova	Thames Hare & Hounds		0:19:25
20	31-3	Lauren Woods	Old Wellingtonians		0:19:29
21	61-2	Jemima D'Arcy	Thames Hare & Hounds		0:19:34
22	62-2	Chloe Beckett	Thames Hare & Hounds	V	0:19:34
23	84-3	Lucy Hoseason	Stragglers		0:19:38
24	84-1	Claire Curtin	Stragglers	V	0:19:43
25	70-1	Hannah Carr	Wimbledon Windmilers		0:19:45
26	82-2	Helen Fagan	Ful-on Tri		0:19:54
27	64-1	Ekaterina Preobrazhenskaya	Barnes Runners	V	0:20:11
28	61-1	Natalie Sacre	Thames Hare & Hounds		0:20:21
29	81-2	Sasha Dyke	Ful-on Tri		0:20:24
30	62-1	Vikki Filsell	Thames Hare & Hounds	V	0:20:35
31	70-2	Amedea Kelly-Taglianini	Wimbledon Windmilers		0:20:46
32	78-1	Emily Tann	Sheen Shufflers		0:20:49
33	84-2	Patricia Ronksley	Stragglers	V	0:20:50
34	68-3	Clare Fowler	Ranelagh Harriers	V	0:21:00
35	78-3	Laura McGregor	Sheen Shufflers		0:21:06
36	79-3	Elaine Pharaoh	Elmbridge Road Runners	V	0:21:10
37	81-1	Holly Clemens	Ful-on Tri		0:21:12
38	68-2	Aoife Kilpatrick	Ranelagh Harriers	V	0:21:13
39	68-1	Maia Rushby	Ranelagh Harriers	V	0:21:22
40	81-3	Charlotte Cogger	Ful-on Tri		0:21:36
41	64-2	Claire Reid	Barnes Runners	V	0:21:36
42	85-1	Tracey Lenthall	Stragglers	V	0:21:36
43	82-1	Helen Shuilleabain	Ful-on Tri		0:21:41
44	64-3	Bryony Gough	Barnes Runners	V	0:21:47
45	87-3	Eloise Mathis	Stragglers		0:21:49
46	73-1	Ella Waddingham	Wimbledon Windmilers	V	0:21:49
47	72-2	Kate Carter	Wimbledon Windmilers	V	0:21:58
48	77-3	Anastasia Anderson	Thames Turbo Triathlon		0:22:06
49	70-3	Sally Bovill	Wimbledon Windmilers		0:22:13
50	87-1	Nicole Hambling	Stragglers	V	0:22:24
51	74-1	Lisa Wood	Wimbledon Windmilers	V	0:22:58
52	73-2	Katy Berry	Wimbledon Windmilers	V	0:23:01
53	71-2	Samantha Monik	Wimbledon Windmilers		0:23:02
54	86-1	Emily Barrow	Stragglers	V	0:23:02
55	73-3	Sally Windle	Wimbledon Windmilers	V	0:23:04
56	69-1	Clare Day	Ranelagh Harriers	V	0:23:11
57	75-3	Ella Waddingham	Wimbledon Windmilers	V	0:23:12
58	74-2	Anneli Collins	Wimbledon Windmilers	V	0:23:24
59	85-2	Ashleigh Lezard	Stragglers	V	0:23:34
60	65-1	Annabel Hagon	Barnes Runners	V	0:23:40

Pos	No	Name	Team		Time
61	63-2	Anna Garnier	Thames Hare & Hounds		0:23:44
62	63-1	Helen Geldert	Thames Hare & Hounds		0:23:48
63	69-2	Carol Aiken	Ranelagh Harriers	V	0:23:55
64	80-1	Olivia Parker-Scott	Ealing Eagles		0:24:00
65	69-3	Sally Bamford	Ranelagh Harriers	V	0:24:01
66	78-2	Katy Owen	Sheen Shufflers	V	0:24:16
67	74-3	Claire Morgan	Wimbledon Windmilers	V	0:24:36
68	79-2	Tegwynne Goldthorpe	Elmbridge Road Runners	V	0:24:37
69	88-1	Alice Heath	Fulham Running Club		0:24:53
70	82-3	Lea Lespinas	Ful-on Tri		0:24:57
71	71-3	Lauren Harris	Wimbledon Windmilers		0:24:58
72	80-2	Grainne Devery	Ealing Eagles		0:25:06
73	71-1	Lily Ashcroft	Wimbledon Windmilers		0:25:10
74	79-1	Zoe Maugham-Taylor	Elmbridge Road Runners	V	0:25:15
75	65-2	Suzanne Gill	Barnes Runners	V	0:25:18
76	87-2	Sally Boulton	Stragglers	V	0:25:21
77	75-1	Kate Dancer	Wimbledon Windmilers	V	0:25:44
78	65-3	Laura Gill	Barnes Runners	V	0:25:47
79	86-3	Julie Garner	Stragglers	V	0:26:00
80	85-3	Becky Thurtell	Stragglers	V	0:26:18
81	88-3	Laura Richards	Fulham Running Club		0:26:21
82	75-2	Caroline Ferrari	Wimbledon Windmilers	V	0:26:42
83	63-3	Eibhlin Bhrádaigh	Thames Hare & Hounds		0:27:34
84	86-2	Lynda Chase	Stragglers	V	0:27:54
85	88-2	Louise Garlick	Fulham Running Club		0:28:23

28th Parkland Relays  
Wednesday 14th June 2023



Men's Team Results

No.	Pos.	Team	Cat	Leg 1	Time	Leg 2	Time	Leg 3	Time	Leg 4	Time	Aggregate Time
34	1	Ful-on Tri Men's Team A		Ollie Teenan	16:21	Ben Carroll	16:25	Matthew Shackleton	15:24	James Nellany	15:38	01:03:49
9	2	Ranelagh Harriers Men's Vet Team A	M40	Mark Herbert	16:08	Ted Mockett	16:02	James Riley	16:06	Gareth Williams	16:17	01:04:32
13	3	Wimbledon Windmilers Men's Team B (Vet)	M40	Bryan Wilkins	16:27	Simon Bernard	16:36	Peter McCloskey	16:31	Chris Fox	16:19	01:05:53
37	4	Up and Running Men's Team A		Matthew Merrick	14:21	Alex Burke	19:20	Luke Denis Le Seve	17:41	Mohammed Hashi	14:32	01:05:54
1	5	Thames Hare & Hounds Men's Team A		Alistair McMaster	15:42	William Scott	17:00	Jamie Bell	17:29	Alistair McMaster	15:46	01:05:57
12	6	Wimbledon Windmilers Men's Team A		Simon Wright	16:16	Jon Bruce	16:33	David Sharman	16:43	James Hughes	16:27	01:05:59
2	7	Thames Hare & Hounds Men's Veteran Team A	M40	Simon Barrett	16:31	Matthew Jones	16:42	Andy Weir	16:44	Simon Molden	16:51	01:06:48
18	8	Thames Turbo Triathlon Men's Team A		Charles Anderson	16:19	Steve Hughes	17:08	Ed Buckley	17:16	Ryan Hart	17:27	01:08:10
35	9	Ful-on Tri Men's Team B		Courtney Ricketts	18:11	Daniel Hazel	16:39	Kostas Leotaridis	17:57	Mark Benton	15:55	01:08:43
32	10	Ealing Eagles Men's Team A		William Coates	16:40	Harry Pearson	18:08	Joseph Williams	17:18	Barney Bennett	17:47	01:09:53
4	11	Barnes Runners Men's Team A		Conrad Steyn	16:15	Thomas Mutton	17:02	George Richards	16:59	Robert Mwemeke	19:50	01:10:06
10	12	Ranelagh Harriers Men's Vet Team B	M40	Hadi Khatmizadeh	17:49	Mike Thomas	18:17	Ed Forbes	17:09	Jonathan Moore	17:15	01:10:31
19	13	Thames Turbo Triathlon Men's Team B		Sam Hawley	16:45	Mike Deevy	18:21	Lewis Vanhinsbergh	17:36	Ben Newman	18:04	01:10:47
14	14	Wimbledon Windmilers Men's Team C (Vet)	M40	Norman Urquia	17:15	James Constable	17:26	Tim Naughton	17:42	Phil Reeves	18:54	01:11:17
8	15	Ranelagh Harriers Men's Team A		Rick Jenner	17:36	Andy Star	18:12	Lucas Appenzeller	18:46	Tom Cameron	17:33	01:12:07
11	16	Ranelagh Harriers Men's Vet Team C	M40	Michael Morris	17:20	James Ritchie	18:28	Neil Rae	18:14	Vaughan Ramsey	18:22	01:12:24
33	17	Ealing Eagles Men's Vet Team	M40	Jose Pabon	17:37	Mark Worrall	20:12	Michael Shearwood	18:06	Tom Corbett	16:39	01:12:33
21	18	Old Etonians Men's Team A		Sam Noakes	16:57	Jamie Giddins	16:43	Hugh Balfour	20:14	Ben Thornton	18:43	01:12:37
24	19	Elmbridge Road Runners Men's Team A		Tim Nash	18:48	Andy Haigh	16:50	Neil Cole	19:42	Philip Thorogood	17:24	01:12:43
15	20	Wimbledon Windmilers Men's Team D		Amir Safavi	17:54	Alex Collins	18:10	Brynjar Agnarsson	20:39	Rowan Frost	17:25	01:14:07
31	21	Old Wellingtonians Men's Team A	MX	Simon Martin	17:29	Mark Merritt	18:16	Lauren Woods	19:29	Nick Griffiths	19:36	01:14:50
3	22	Thames Hare & Hounds Men's Veteran Team B	M40	Matthew Beaney	20:46	Andy Robinson	17:45	Andrew Edge	19:03	Peter Woodburn	18:03	01:15:37
23	23	Sheen Shufflers Men's Team A		Matt Thomas	17:12	Marcus Wilkins	19:33	Stephen Wilcock	20:19	Graham Parkins	18:36	01:15:40
5	24	Barnes Runners Men's Team B (Vet)	M40	Nick Bulloch	17:53	David Lovell	19:32	Richard Arnfield	20:17	Ian Roots	18:46	01:16:28
36	25	Ful-on Tri Men's Team C		John Smelt	18:58	Peter Robinson	18:49	Colin McCaffrey	19:53	Chris Clarke	19:37	01:17:17
28	26	Stragglers Men's Team B		Josh Ingold	18:21	Stuart Hambling	19:40	Jim Desmond	18:47	Roy Reeder	21:07	01:17:55
7	27	Barnes Runners Men's Team D		Oliver Visram	17:25	Vassos Alexander	20:32	Matthew Callahan	21:38	Tim Daniel	18:30	01:18:05
6	28	Barnes Runners Men's Team C (Vet)	M40	Stuart Humber	19:49	Tim Daniel	20:23	Alexander Visram	20:25	Sam Alpasp	19:23	01:20:00
29	29	Stragglers Men's Team C		John Cheal	20:04	Chance Rowan	20:13	Pavel Przepiorski	19:21	Richard Bowes	20:52	01:20:29
30	30	Stragglers Men's Team D (Vet)	M40	Phil Davies	21:47	Malcolm Fletcher	20:02	Kevin Price	20:35	Mitch Peacock	20:36	01:23:00
20	31	Thames Turbo Triathlon Men's Vet Team	M40	Tim Hurdle	19:12	Mark Bateman	20:58	Terry Hernandez	23:14	Malcolm Watts	23:10	01:26:34
25	32	Elmbridge Road Runners Men's Team B (Vet)	M40	Mark Gerard	21:32	Ben Briody	20:15	Phil Sumner	24:04	Laszlo Harazsti	21:22	01:27:13
16	33	Wimbledon Windmilers Men's Team E (Vet)	M40	Phil McElhinney	19:46	Martin Jimack	23:53	Clon Ulrick	22:28	John Gorst	21:38	01:27:46
26	34	Elmbridge Road Runners Men's Team C	M40	Mike Bruce	23:43	Kevin Vinter	22:07	Oren Paynton	20:14	Chris Nielon	22:21	01:28:25
27		Stragglers Men's Team A		Ian Riley	17:19	Alastair Hall	17:14	Pete Gregorowski		Danny Glebocki	17:31	

**28th Parkland Relays**  
**Wednesday 14th June 2023**



**Men's Individual Leg Times**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>
1	37-1	Matthew Merrick	Up and Running	0:14:21
2	37-4	Mohammed Hashi	Up and Running	0:14:32
3	34-3	Matthew Shackleton	Ful-on Tri	0:15:24
4	34-4	James Nellany	Ful-on Tri	0:15:38
5	1-1	Alistair McMaster	Thames Hare & Hounds	0:15:42
6	1-4	Alistair McMaster	Thames Hare & Hounds	V 0:15:46
7	35-4	Mark Benton	Ful-on Tri	0:15:55
8	9-2	Ted Mockett	Ranelagh Harriers	V 0:16:02
9	9-3	James Riley	Ranelagh Harriers	V 0:16:06
10	9-1	Mark Herbert	Ranelagh Harriers	V 0:16:08
11	4-1	Conrad Steyn	Barnes Runners	V 0:16:15
12	12-1	Simon Wright	Wimbledon Windmilers	0:16:16
13	9-4	Gareth Williams	Ranelagh Harriers	V 0:16:17
14	18-1	Charles Anderson	Thames Turbo Triathlon	0:16:19
15	13-4	Chris Fox	Wimbledon Windmilers	V 0:16:19
16	34-1	Ollie Teenan	Ful-on Tri	0:16:21
17	34-2	Ben Carroll	Ful-on Tri	0:16:25
18	13-1	Bryan Wilkins	Wimbledon Windmilers	V 0:16:27
19	12-4	James Hughes	Wimbledon Windmilers	0:16:27
20	13-3	Peter McCloskey	Wimbledon Windmilers	V 0:16:31
21	2-1	Simon Barrett	Thames Hare & Hounds	V 0:16:31
22	12-2	Jon Bruce	Wimbledon Windmilers	0:16:33
23	13-2	Simon Bernard	Wimbledon Windmilers	V 0:16:36
24	33-4	Tom Corbett	Ealing Eagles	V 0:16:39
25	35-2	Daniel Hazel	Ful-on Tri	0:16:39
26	32-1	Willam Coates	Ealing Eagles	0:16:40
27	2-2	Matthew Jones	Thames Hare & Hounds	V 0:16:42
28	12-3	David Sharman	Wimbledon Windmilers	0:16:43
29	21-2	Jamie Giddins	Old Etonians	0:16:43
30	2-3	Andy Weir	Thames Hare & Hounds	V 0:16:44
31	19-1	Sam Hawley	Thames Turbo Triathlon	0:16:45
32	24-2	Andy Haigh	Elmbridge Road Runners	V 0:16:50
33	2-4	Simon Molden	Thames Hare & Hounds	V 0:16:51
34	21-1	Sam Noakes	Old Etonians	0:16:57
35	4-3	George Richards	Barnes Runners	V 0:16:59
36	1-2	Willam Scott	Thames Hare & Hounds	0:17:00
37	4-2	Thomas Mutton	Barnes Runners	0:17:02
38	18-2	Steve Hughes	Thames Turbo Triathlon	V 0:17:08
39	10-3	Ed Forbes	Ranelagh Harriers	V 0:17:09
40	23-1	Matt Thomas	Sheen Shufflers	0:17:12
41	27-2	Alastair Hall	Stragglers	0:17:14
42	14-1	Norman Urquia	Wimbledon Windmilers	V 0:17:15
43	10-4	Jonathan Moore	Ranelagh Harriers	V 0:17:15
44	18-3	Ed Buckley	Thames Turbo Triathlon	V 0:17:16
45	32-3	Joseph Williams	Ealing Eagles	0:17:18
46	27-1	Ian Riley	Stragglers	0:17:19
47	11-1	Michael Morris	Ranelagh Harriers	V 0:17:20
48	24-4	Philip Thorogood	Elmbridge Road Runners	0:17:24
49	7-1	Oliver Visram	Barnes Runners	0:17:25
50	15-4	Rowan Frost	Wimbledon Windmilers	0:17:25
51	14-2	James Constable	Wimbledon Windmilers	V 0:17:26
52	18-4	Ryan Hart	Thames Turbo Triathlon	0:17:27
53	1-3	Jamie Bell	Thames Hare & Hounds	0:17:29
54	31-1	Simon Martin	Old Wellingtonians	0:17:29
55	27-4	Danny Glebocki	Stragglers	0:17:31
56	8-4	Tom Cameron	Ranelagh Harriers	0:17:33
57	8-1	Rick Jenner	Ranelagh Harriers	0:17:36
58	19-3	Lewis Vanhinsbergh	Thames Turbo Triathlon	0:17:36
59	33-1	Jose Pabon	Ealing Eagles	V 0:17:37
60	37-3	Luke Denis Le Seve	Up and Running	0:17:41
61	14-3	Tim Naughton	Wimbledon Windmilers	V 0:17:42
62	3-2	Andy Robinson	Thames Hare & Hounds	V 0:17:45
63	32-4	Barney Bennett	Ealing Eagles	0:17:47
64	10-1	Hadi Khatmizadeh	Ranelagh Harriers	V 0:17:49
65	5-1	Nick Bulloch	Barnes Runners	V 0:17:53
66	15-1	Amir Safavi	Wimbledon Windmilers	0:17:54

Pos	No	Name	Team		Time
67	35-3	Kostas Leotaridis	Ful-on Tri		0:17:57
68	3-4	Peter Woodburn	Thames Hare & Hounds	V	0:18:03
69	19-4	Ben Newman	Thames Turbo Triathlon		0:18:04
70	33-3	Michael Shearwood	Ealing Eagles	V	0:18:06
71	32-2	Harry Pearson	Ealing Eagles		0:18:08
72	15-2	Alex Collins	Wimbledon Windmilers	V	0:18:10
73	35-1	Courtney Rickets	Ful-on Tri		0:18:11
74	8-2	Andy Star	Ranelagh Harriers		0:18:12
75	11-3	Neil Rae	Ranelagh Harriers	V	0:18:14
76	31-2	Mark Merritt	Old Wellingtonians		0:18:16
77	10-2	Mike Thomas	Ranelagh Harriers	V	0:18:17
78	19-2	Mike Deevy	Thames Turbo Triathlon	V	0:18:21
79	28-1	Josh Ingold	Stragglers		0:18:21
80	11-4	Vaughan Ramsey	Ranelagh Harriers	V	0:18:22
81	11-2	James Ritchie	Ranelagh Harriers	V	0:18:28
82	7-4	Tim Daniel	Barnes Runners		0:18:30
83	23-4	Graham Parkins	Sheen Shufflers	V	0:18:36
84	21-4	Ben Thornton	Old Etonians	V	0:18:43
85	5-4	Ian Roots	Barnes Runners	V	0:18:46
86	8-3	Lucas Appenzeller	Ranelagh Harriers	V	0:18:46
87	28-3	Jim Desmond	Stragglers	V	0:18:47
88	24-1	Tim Nash	Elmbridge Road Runners	V	0:18:48
89	36-2	Peter Robinson	Ful-on Tri		0:18:49
90	14-4	Phil Reeves	Wimbledon Windmilers	V	0:18:54
91	36-1	John Smelt	Ful-on Tri		0:18:58
92	3-3	Andrew Edge	Thames Hare & Hounds	V	0:19:03
93	20-1	Tim Hurdle	Thames Turbo Triathlon	V	0:19:12
94	37-2	Alex Burke	Up and Running		0:19:20
95	29-3	Pavel Przepiorski	Stragglers		0:19:21
96	6-4	Sam Alpass	Barnes Runners	V	0:19:23
97	5-2	David Lovell	Barnes Runners	V	0:19:32
98	23-2	Marcus Wilkins	Sheen Shufflers	V	0:19:33
99	31-4	Nick Griffiths	Old Wellingtonians		0:19:36
100	36-4	Chris Clarke	Ful-on Tri		0:19:37
101	28-2	Stuart Hambling	Stragglers	V	0:19:40
102	24-3	Neil Cole	Elmbridge Road Runners	V	0:19:42
103	16-1	Phil McElhinney	Wimbledon Windmilers	V	0:19:46
104	6-1	Stuart Humber	Barnes Runners	V	0:19:49
105	4-4	Robert Mwemeke	Barnes Runners	V	0:19:50
106	36-3	Colin McCaffrey	Ful-on Tri		0:19:53
107	30-2	Malcolm Fletcher	Stragglers	V	0:20:02
108	29-1	John Cheal	Stragglers	V	0:20:04
109	33-2	Mark Worrall	Ealing Eagles	V	0:20:12
110	29-2	Chance Rowan	Stragglers	V	0:20:13
111	26-3	Oren Paynton	Elmbridge Road Runners	V	0:20:14
112	21-3	Hugh Balfour	Old Etonians	V	0:20:14
113	25-2	Ben Briody	Elmbridge Road Runners	V	0:20:15
114	5-3	Richard Arnfield	Barnes Runners	V	0:20:17
115	23-3	Stephen Wilcock	Sheen Shufflers	V	0:20:19
116	6-2	Tim Daniel	Barnes Runners	V	0:20:23
117	6-3	Alexander Visram	Barnes Runners	V	0:20:25
118	7-2	Vassos Alexander	Barnes Runners	V	0:20:32
119	30-3	Kevin Price	Stragglers	V	0:20:35
120	30-4	Mitch Peacock	Stragglers	V	0:20:36
121	15-3	Brynjar Agnarsson	Wimbledon Windmilers	V	0:20:39
122	3-1	Matthew Beaney	Thames Hare & Hounds	V	0:20:46
123	29-4	Richard Bowes	Stragglers	V	0:20:52
124	20-2	Mark Bateman	Thames Turbo Triathlon	V	0:20:58
125	28-4	Roy Reeder	Stragglers	V	0:21:07
126	25-4	Laszlo Harazsti	Elmbridge Road Runners	V	0:21:22
127	25-1	Mark Gerard	Elmbridge Road Runners	V	0:21:32
128	7-3	Matthew Callahan	Barnes Runners	V	0:21:38
129	16-4	John Gorst	Wimbledon Windmilers	V	0:21:38
130	30-1	Phil Davies	Stragglers	V	0:21:47
131	26-2	Kevin Vinter	Elmbridge Road Runners	V	0:22:07
132	26-4	Chris Nielon	Elmbridge Road Runners	V	0:22:21
133	16-3	Clon Ulrick	Wimbledon Windmilers	V	0:22:28
134	20-4	Malcolm Watts	Thames Turbo Triathlon	V	0:23:10
135	20-3	Terry Hernandez	Thames Turbo Triathlon	V	0:23:14
136	26-1	Mike Bruce	Elmbridge Road Runners	V	0:23:43
137	16-2	Martin Jimack	Wimbledon Windmilers	V	0:23:53
138	25-3	Phil Sumner	Elmbridge Road Runners	V	0:24:04